February 26, 2020

Dear Parent or Guardian,

To prevent the spread of colds, flu and other respiratory and other illnesses, we recommend that your child stay home from school if he/she has symptoms commonly associated with these illnesses.

To help decide whether to send your child to school, please see the following guidelines:

Keep your child home and visit/call your child’s doctor if he/she has any of the following symptoms:

- General flu symptoms (such as fever, cough, body aches, chills, stuffy/runny nose, feeling tired/weak)
- General stomach illnesses (such as diarrhea or vomiting)

At this time there have been no confirmed cases of novel coronavirus in Connecticut (COVID-19). All travelers returning to New Haven from international destinations are screened according to the CDC recommendations. As this is a rapidly evolving situation, please refer to the CDC travel advisory website at https://wwwnc.cdc.gov/travel for all future planning and guidance with returning from travel.

A flyer with tips for preventing the spread of germs is attached.


To help protect your child from flu, the New Haven Health Department is offering free flu shots for children at its Health Clinic at 54 Meadow Street, 1st Floor (Phone: 203-946-8181) Monday to Friday 9am–5pm.

Thank you in advance for your help to make this school year as healthy as possible.

Sincerely,

Maritza Bond, MPH
Director of Health
STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like FLU.

Avoid close contact with people who are sick.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Avoid touching your eyes, nose, and mouth.

Clean and disinfect frequently touched objects and surfaces.

Stay home when you are sick, except to get medical care.

Wash your hands often with soap and water for at least 20 seconds.

For more information: www.cdc.gov/flu